

design  
*for*  
Leisure

**CASE STUDIES**



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PG 5



PG 8



PG 17

# CIVANA

## Carefree, Arizona

CIVANA Resort Spa & Sanctuary invested around \$50m to transform and renovate the 189-bedroom Carefree Resort in Arizona, including the addition of a 20,000-square-foot spa with 29 treatment rooms and a full Aqua Vitality Circuit designed and built by Design for Leisure in consultation with Rianna Riego, architects 3rd Story and interior designer Mendil+Meyer. CIVANA's goal was to recapture the time-honored art of healing through water with a hydrotherapy thermal circuit of hot and cold pools, including a European-designed Kneipp hot/cold wading pool and Tepidarium therapeutic soaking pool and a multi-climate KLAFS SANARIUM®—the first installed in the continental U.S.—offering flexibility for operators to provide varied climates.

### 1,350SF Hydrothermal Area

**Developer/Owner:** CIVANA

**Architect:** 3rd Story

**Interior Design:** 3rd Story & Mendil+Meyer

**Spa Consultant:** Rianna Riego in collaboration with Design for Leisure



CIVANA's hydrothermal circuit focuses on the healing power of water and features various hot and cold water treatments, including a bracing cold deluge shower—a re-imagined take on a traditional “cold plunge”.

1. CIVANA features a modern-style European-inspired bathing circuit, including a Kneipp hot/cold wading pool, a Tepidarium therapeutic soaking pool and a Watsu pool.
2. Guests can then relax in the five-climate KLAFS SANARIUM®.
3. One of the most important healing rituals comes from the cold deluge shower that provides guests a modern way to take a “cold plunge”.



# FAENA HOTEL

## Miami Beach, Florida

The Faena Group did a complete renovation of the fabled Saxony Hotel in late 2015, including the installation of a South America-inspired spa, called Tierra Santa Healing Spa. Tapping into a trend for more communal spaces, the hydrothermal journey created by DFL for Tierra Santa is completely co-ed and designed to cultivate transformative healing by combining indigenous ingredients and state-of-the-art purifying wet spa areas, including a waterfall shower, a traditional Turkish-style hammam, a cleansing eucalyptus steam room, a hydrotherapy room for mud and scrub treatments, a sauna featuring beautifully-curved, handcrafted benches and walls made from Canadian Hemlock, an ice parlor for cooling and a tepidarium for final relaxation.

### 2,000SF Hydrothermal Area

**Developer:** Faena Group

**Owner:** Faena Hotels

**Architect:** Revuelta

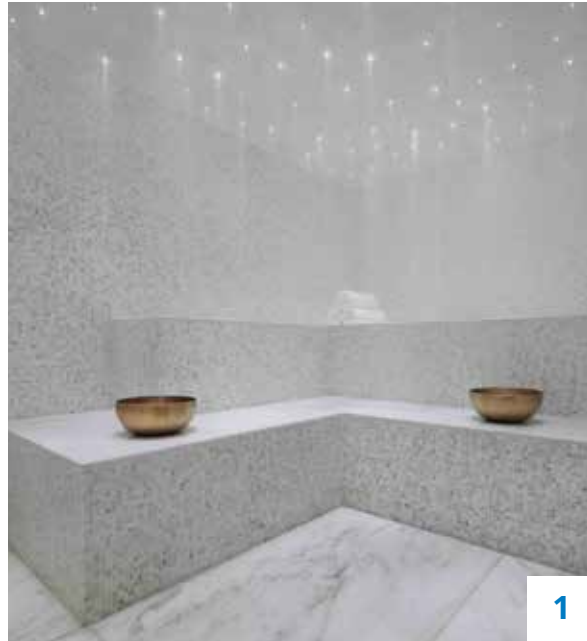
**Interior Design:** Bazmark

**Spa Consultant:** Inge Theron & Associates in collaboration with Design for Leisure



Courtesy of Faena Hotel, Miami Beach, FL. Photographer Nik Koenig.

**Faena's Tierra Santa Healing House** features one of the largest hammams on the East Coast.



1



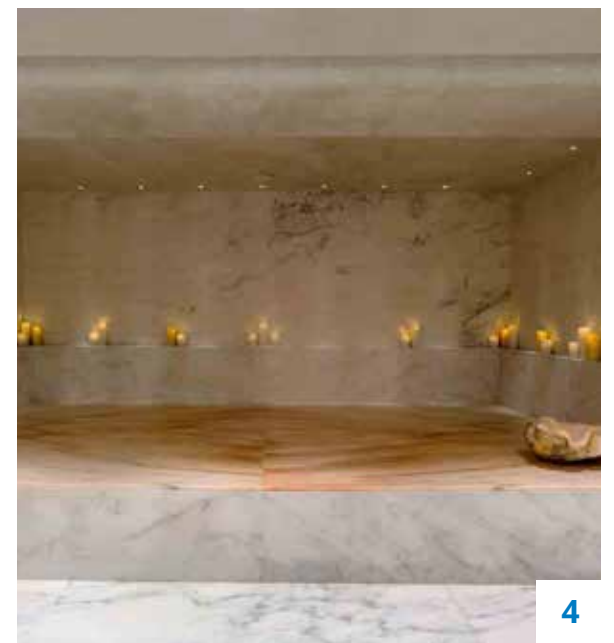
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1. The steam room which is located inside the hammam chamber.
2. The uniquely curved benches of Faena's sauna.
3. Faena's wet treatment room for scrubs and mud baths.
4. A soothing tepidarium slab for relaxing between treatments.

Photos courtesy of Faena Hotel, Miami Beach, FL.  
Photographer Nik Koenig.



3



4

# CACHE CREEK RESORT

## Brooks, California

Re-imagined and remodeled in 2019, the newly-expanded Spa at Cache Creek Casino Resort is part of an \$200 million expansion project. The 12,000-square-foot spa includes 11 treatment rooms and hydrotherapy pools, and separate male and female steam rooms and saunas. A floor-to-ceiling Himalayan salt rock wall graces the wall behind heated loungers in the female relaxation area, while a floral-motif mosaic tile wall designed by artist Jen Garrido has pride of place behind the female hydrotherapy pool. The mosaic was awarded The National Tile Contractors Association award for Large Commercial Project of the Year.

### 1,616SF Hydrothermal Area

**Developer/Owner:** Yocha Dehe Wintun Nation

**Architect/Interior Design:** HBG Design Group, Inc.

**Spa Consultant:** Blu Spas in collaboration with  
*Design for Leisure*



**Top:** Heated loungers line the wall outside of the steam room.

**Bottom:** Women's steam room with fiber optic lighting.

Photos courtesy of Peter Malinowski/InSite 2019.

# CANYON RANCH SPA CLUB

## Las Vegas, Nevada

The centerpiece of the Canyon Ranch® SpaClub at The Ventian Resort—which lays claim to being the largest day spa in North America at 134,000 square feet—is Aquavana®, a suite of thermal spa cabins, tubs and aqua thermal bathing created by Design for Leisure. First opened in 2008, Aquavana was one of the first European-style builds in the U.S. and includes both a male and female hydrothermal circuit with a crystal steam room, experiential, multisensory rain showers, a Finnish sauna, herbal-infused laconium, a fully-equipped hydrotherapy pool with loungers and massage fountains, an igloo room for cooling down and a relaxation room. In addition, a co-ed relaxation area includes a salt grotto and wave dream room. Over ten years later, Aquavana continues to delight and thrill guests, showing that a commitment to top-of-the-line equipment and materials delivers significant ROI on a hydrothermal build.

### 5,300SF Hydrothermal Area

**Developer/Owner:** Las Vegas Sands, Inc.

**Interior Design:** RTKL

**Spa Consultant:** Design for Leisure



**Top:** The outside walls of the experience showers serve as a focal point.

**Bottom:** The hydrotherapy pool is flanked by heated, ceramic loungers.





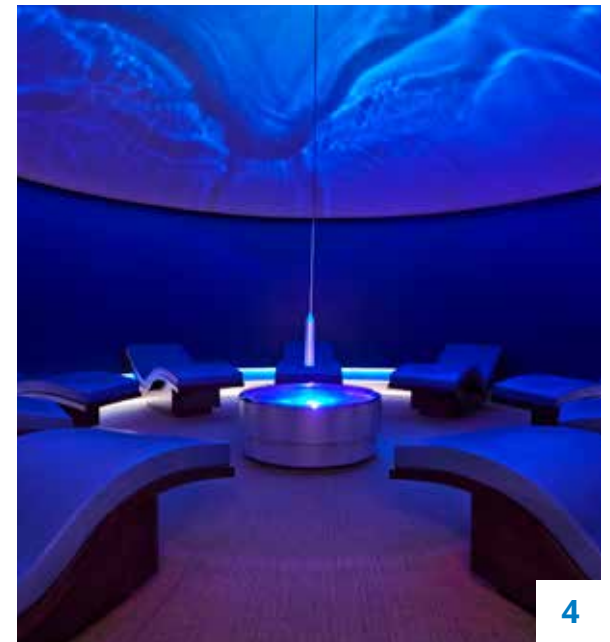
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2



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4

1. Herbal laconium.
2. An early rendering of the men's whirlpool and heated loungers.
3. Salt grotto room for lung and skin cleansing treatments.
4. Wave dream relaxation room.

# THE OMNI HOMESTEAD RESORT

## Hot Springs, Virginia

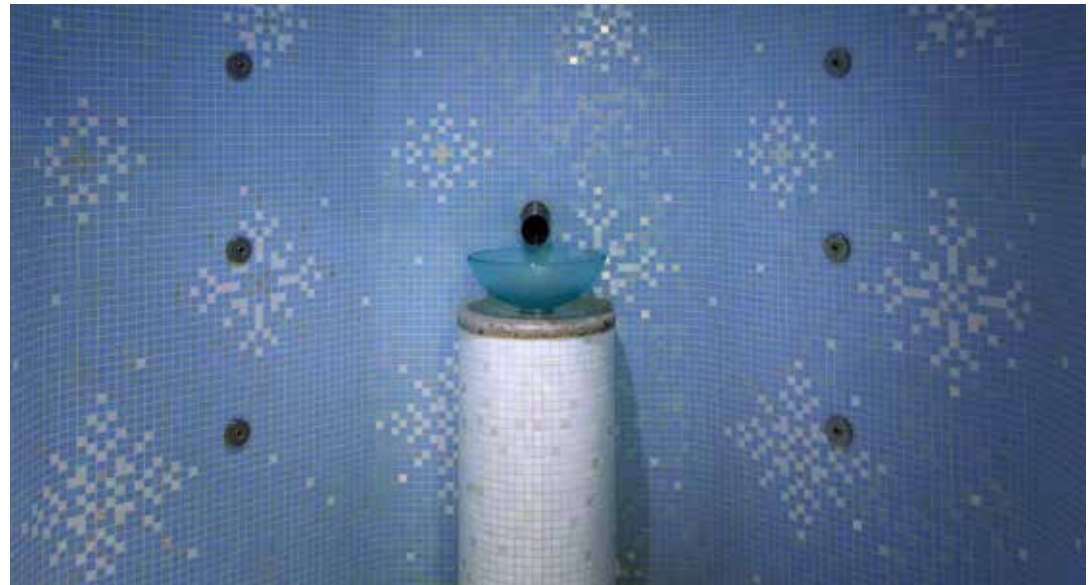
A project designed in conjunction with Canyon Ranch, the operators at the time of the build, The Omni Homestead Resort features a collection of European-style healing aquatic environments that enable guests to experience hot/cold contrast therapy through an aqua thermal journey that also taps into the property's vibrant, natural hot springs. The spa includes multi-sensory experiential showers with three different programs, a starlit herbal laconium for a gentle detox, an aromatic steam room infused with essential oils, a cold cabin with flaked ice for cooling the body and cold air to cool the lungs, and heated loungers are available to relax muscles between experiences. Outside, adjacent to the pool, guests enjoy a co-ed sauna.

### 2,200SF Hydrothermal Area

**Developer/Owner:** KSL Resorts

**Architect/Interior Design:** 3North

**Spa Consultant:** Canyon Ranch in collaboration with Design for Leisure



**Top:** Heated loungers and meditative wellness screens.

**Bottom:** Igloo room with ice fountain.

# QUA BATHS & SPA AT CAESARS PALACE

## Las Vegas, Nevada

Qua Baths & Spa is an award-winning retreat from the hustle and bustle of the Las Vegas strip. Bathed in natural light, accented by smooth stone flooring, dark woods and cascading waterfalls, Qua's 50,000-square-foot spa includes a Roman Laconium, heated loungers and two igloo ice rooms designed and installed by Design for Leisure (the igloos were the very first of their kind and remain very popular). The spa has been open since 2007 and a full decade after it hit the strip, it won Best Luxury Spa in the City and was named one of the Top 100 Spas in America—a testament to how DFL-designed hydrothermal areas stand the test of time.

### 2,000SF Hydrothermal Area

**Developer/Owner:** Harrah's Entertainment

**Interior Design:** Allard Conversano

**Spa Consultant:** Design for Leisure



**Top:** The hydrotherapy circuit at Caesars Palace wouldn't be complete without "Roman" baths.

**Bottom:** Guests relaxing in the laconium.



1. Ice fountain in the igloo.
2. Heated loungers in close up—featured below on left hand side of pool.
3. Detailed image of the Roman baths.

# THE SPA AT PALMS

## Las Vegas, Nevada

The final stage of a \$690 million renovation of the Palms Casino Resort in Las Vegas was unveiled in 2019 and included The Spa at Palms. The three-level oasis designed by Elle Concepts features fifteen unique spa treatment rooms, four skin care studios, two couples treatment suites, as well as a 4,600-square-foot hydrothermal area created in collaboration with Design for Leisure. For this project, DFL designed and installed two saunas and two steam rooms to serve male and female spa goers.

### 4,600SF Hydrothermal Area

**Developer/Owner:** The Penta Building Group/Station Casinos

**Architect:** Friedmutter Group

**Spa Consultant:** Elle Concepts in collaboration with Design for Leisure



# CONDADO VANDERBILT

## San Juan, Puerto Rico

The Condado Vanderbilt's historical significance dates back to 1919, when it was opened by the Vanderbilt family. Subsequently, Puerto Rico-based hospitality firm, IHE, expanded the hotel, adding on a spa with a 3,800-square-foot hydrothermal area for which DFL designed and built a large hamam and an adjoining steam room. In addition, DFL designed and built both male and female saunas and steam room, as well as a treatment room featuring an experience shower.

### 3,800SF Hydrothermal Area

**Developer/Owner:** International Hospitality Enterprises (currently owned by John Paulson)

**Architect and Interior Design:** Jorge Rosello

**Spa Consultant:** Alison Howland in collaboration with *Design for Leisure*



The Spa at Condado Vanderbilt Hotel is the only location in Puerto Rico offering the ritual of the hamam.

# NIZUC HOTEL AND SPA

## Cancun, Mexico

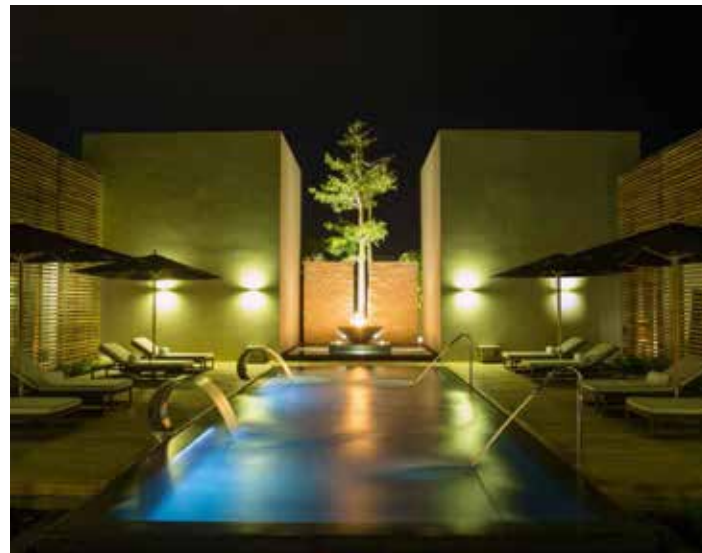
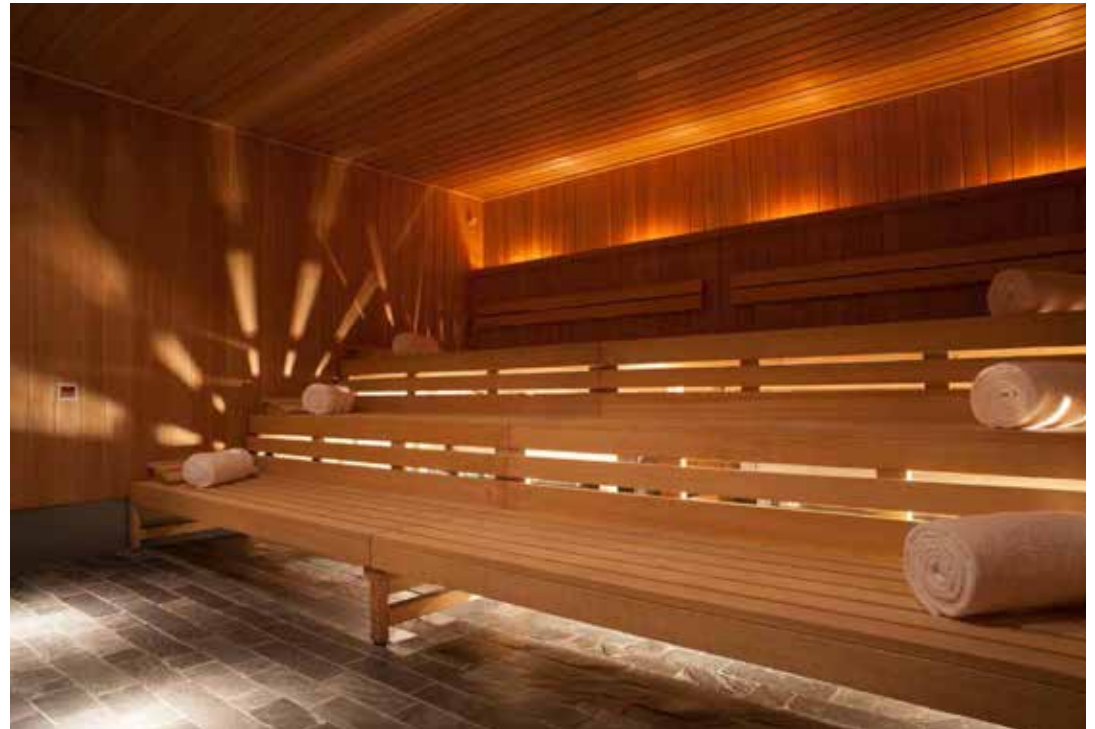
The first ESPA-branded spa in the Mexican Caribbean features a 30,000 square-foot spa with a hydrothermal experience designed and built by Design for Leisure. Though the Mayan-inspired treatments are lauded, Travel + Leisure gushed about the hydrothermal area: “The essential indulgence is the hour-long Thermal Experience—a five-step, guided hydrotherapy circuit. The progression alternates hot and cold to stimulate circulation (the order: steam room, ice room, sauna, cold shower, Jacuzzi, and freezing-cold soaking tub). Facilities are separated by gender (both men’s and women’s sides feature the entire circuit, for privacy), and the length of time spent at each step is completely customizable.”

### 3,000SF Hydrothermal Area

**Developer/Owner:** Brisas Group

**Architect/Interior Design:** Alejandro Escudero

**Spa Consultant:** ESPA in collaboration with Design for Leisure



**Top:** Sauna.

**Bottom:** Vitality pool with hydro-massage.

# ZEMI BEACH HOUSE HOTEL & SPA

## Anguilla, Caribbean

Zemi Beach House Hotel & Spa on Anguilla's world-famous Shoal East Bay Beach has been recognized by TripAdvisor Travelers' Choice Awards as one of the Top 25 Hotels in the Caribbean. The "swoon-worthy" hotel is also a Top 25 Luxury Hotel in the Caribbean and was recognized by Travel+Leisure's 2018 World's Best Awards as "Best Hotels in the Caribbean" for the second consecutive year. Within the award-winning resort is the 300-year-old Zemi Thai House Spa that features the island's only hammam (by Design for Leisure). The hammam includes a mud deck for cleansing scrubs and therapeutic mud applications. After a visit to the hammam, guests are invited to sample the spa's vitality pool.

### 500SF Hydrothermal Area

**Developer/Owner:** Goldstein Family

**Architect:** Adriano Vasconcelos

**Interior Design:** Iggy Olsson of Cuba-Fernandez Design

**Spa Consultant:** Vivianne Garcia-Tunon of Wonderflower in collaboration with Design for Leisure



Zemi Beach House Hotel & Spa features the only **hammam** on the island of Anguilla.



# THE SPA AT VILLA LA COSTE

## Provence, France

This beautifully-designed spa is inspired by the naturalistic principles of Hong Kong-based interior designer André Fu who sought to blend the spa with its environment by using a natural waterproof plaster (tadelakt), white crystalline marble and wood that seamlessly flows with its surroundings. DFL worked closely under the direction and inspiration from spa consultant Greg Payne to bring Fu's vision to life. The spa's hydrothermal facilities include a sauna, two hammams, two dry floatation rooms, a vichy shower room and relaxation lounge.

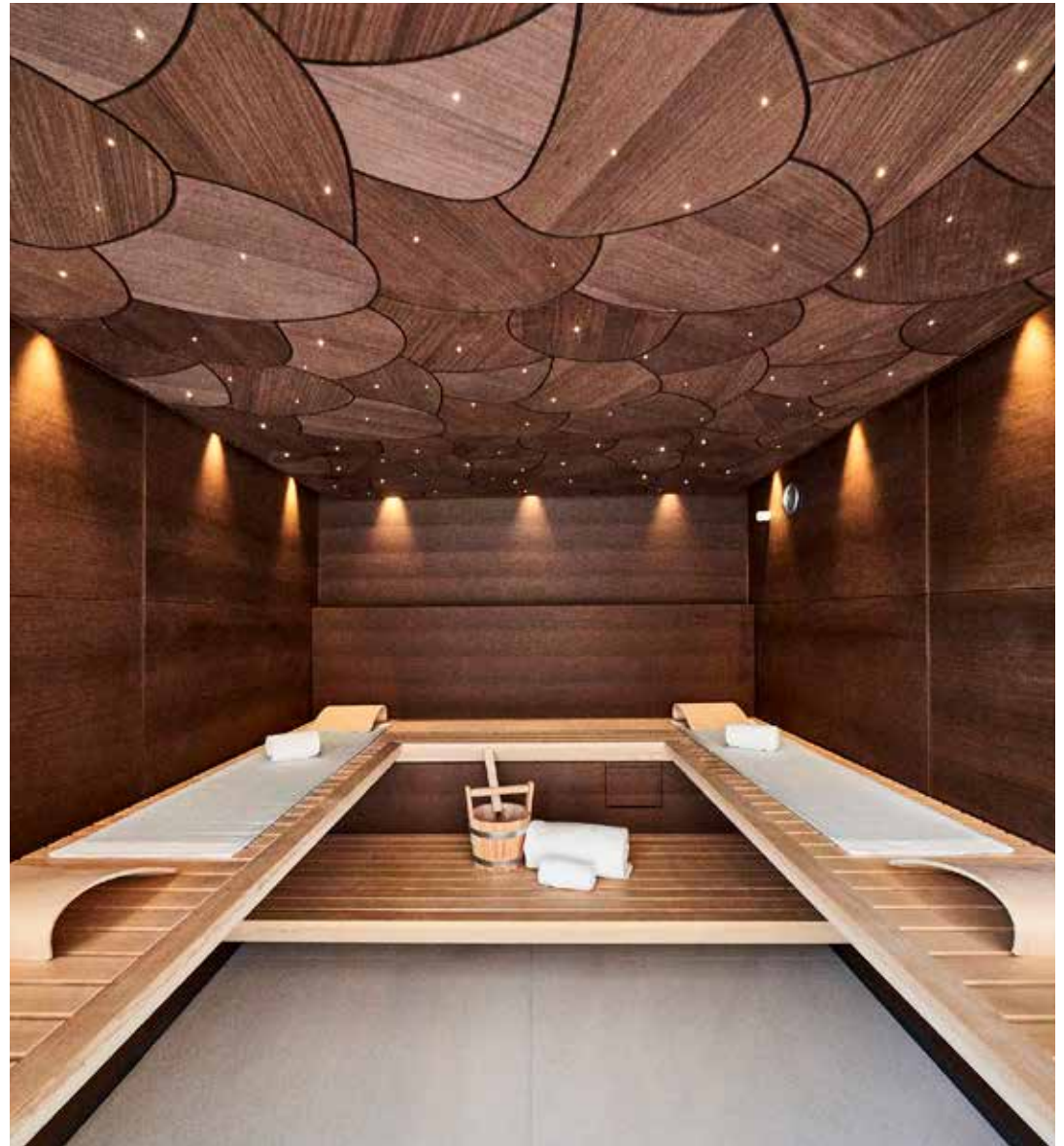
**1,850SF Hydrothermal Area**

**Developer/Owner:** Chateau La Coste

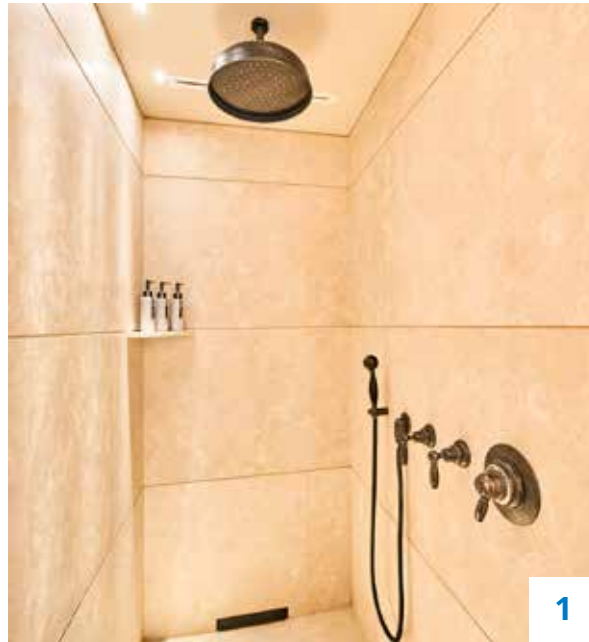
**Architect:** Malcom MacDonald

**Interior Design:** André Fu

**Spa Consultant:** Greg Payne in collaboration with  
Design for Leisure



A Casena Sauna from KLAFS features a large glass front with interior paneling in wenge wood.



1. Interior of shower.
2. Designed to blend with the region's architecture, the steam room features white crystalline marble.
3. Hammam in authentic Moroccan tadelakt, a waterproof plaster.

# HOT SPRINGS MEDICAL & SPA HOTEL

## Banya, Bulgaria

The privately-owned Hot Springs Medical & Spa Hotel in Banya is a jewel in the crown of the Kapitanov family, a Bulgarian-based hospitality group with no previous experience in the development or running of a spa. Since opening, the hotel and spa has been an enormous success, winning numerous awards and press accolades. The nearly 16,000-square-foot hydrothermal area boasts multiple DFL-designed saunas, a steam room, hamam, igloo, rain walk, two experience showers and an igloo.



15,950SF Hydrothermal Area

**Developer/Owner:** City General-One Ltd

**Architect/Interior Design:** Bularch Limited

**Spa Consultant:** ESPA in collaboration with  
Design for Leisure



Traditional Turkish hamam  
designed by DFL.



1



2



3

1. Ice fountain
2. Tepidarium with heated loungers
3. Spa corridor with hamam on right

# THE PEARL SPA AT FOUR SEASONS

## Jumeirah Beach, Dubai

In addition to its 10 treatment rooms, The Pearl Spa at Four Seasons Resort Dubai features a dedicated hydrothermal circuit designed by DFL. The over 6,000 square feet includes a steam room, ice fountain, whirlpool, indoor lap pool, and an experience shower designed to transport guests far from the desert to a tropical rainforest. The year the property opened, it won the “Best Resort in Middle East & Africa” accolade from Gallivanter’s Guide.

### 6,300SF Hydrothermal Area

**Developer/Owner:** H&H Investment and Development

**Architect of Record:** DSA Architects

**Concept Architect:** WATG

**Interior Design:** BAMO

**Spa Consultant:** Alison Howland in collaboration with Design *for* Leisure



The gold encircled ice fountain (below) and whirlpool (above) are in keeping with Four Seasons Dubai’s interior design.



1



2



3

1. Heated whirlpool
2. Gold-tiled steam room
3. Indoor lap pool reflecting outside light

# ATLANTIS

## The Palm, Dubai

The focal point of the Palm Jumeirah, the world-renowned, man-made island off Dubai's coast, Atlantis is a 1,500-room luxury beach hotel and spa resort themed after the mythical city with which it shares its name. Design *for* Leisure designed and built the wet area of the Shui Qi Spa located within the Royal Towers of Atlantis, including male and female areas with KLAFS saunas, steam rooms, heated laconium thrones and ice fountains. The spa has won numerous awards, including the World Luxury Hotel and Spa Award and the World Spa & Wellness Award.

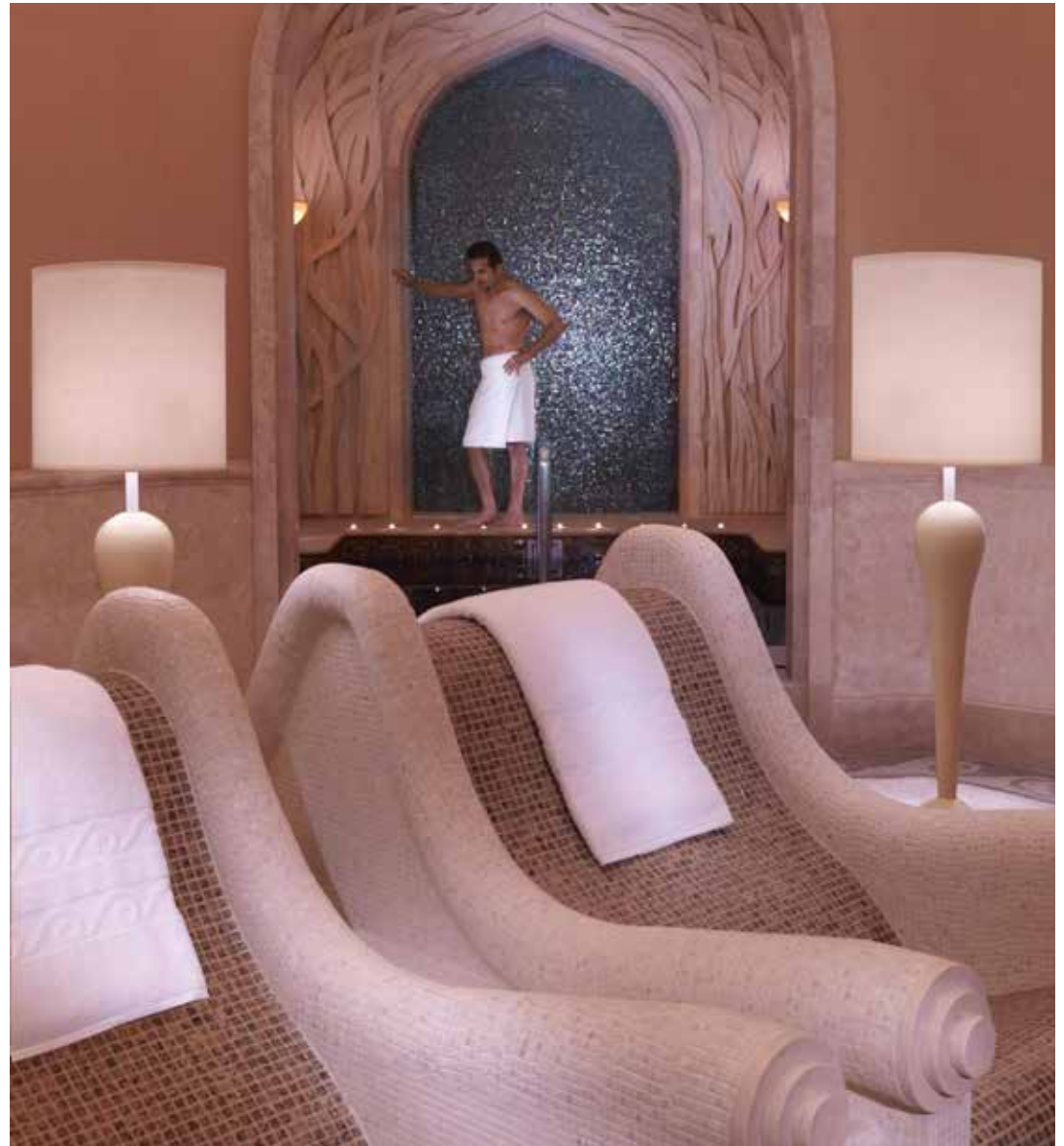
### 2,012SF Hydrothermal Area

**Developer:** Nakheel PSJC

**Owner:** Istithmar World with Kerzner International Resorts

**Interior Design:** Wilson Associates

**Spa Consultant:** Raison d'Étre in collaboration with Design *for* Leisure



Heated laconium throne seating.



# CREATING SPA & WELLNESS SOLUTIONS

Design for Leisure specializes in the design of award-winning hydrothermal spa and wellness environments. Headquartered in London (UK) and Austin, TX (USA) the company has been creating high-end, turnkey wet spa areas for both luxury homes and professional wellness projects for almost three decades. Clients include well-known hospitality and spa brands, such as Disney, Canyon Ranch, Caesars Palace, Four Seasons and Six Senses, as well as well-known architect groups, including Foster and Partners, Rogers Stirk Harbour + Partners, Bjark Ingels Group, Michael Graves and Thomas Heatherwick.



[www.DesignforLeisure.com](http://www.DesignforLeisure.com)  
[DFL@DesignforLeisure.com](mailto:DFL@DesignforLeisure.com)

## USA

715 Discovery Boulevard, Suite 408  
Cedar Park, Texas 78613  
+1 512 831 2726

## UK

86 Lancaster Road  
Enfield, EN2 0BX  
+44 208 363 4036