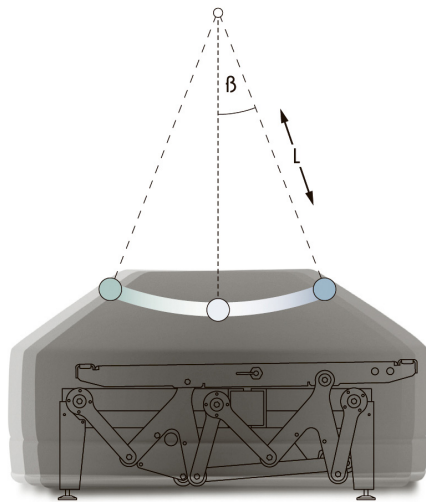


KLAFS SWAY Sleep Lounger



Relaxation is at the heart of any home wellness suite and every wellness area should be constructed with this key activity in mind. KLAFS SWAY's unique pendulum technology soothes you into a relaxing short nap with a gentle oscillating movement that is engineered to rock at the optimum frequency for synchronizing and slowing the brain waves. KLAFS SWAY's pendulum was tested and studied at Germany's Fraunhofer Institute, where users were monitored and shown to have a significantly improved Heart Rate Variability (HRV) within moments of laying down, allowing sleep to take hold much faster.

Benefits of Pendulum Movement

- Perception of time and space blurs
- Muscles relax and breathing slows down
- Mind relaxes and unwinds
- Promotes physical and mental recovery

KLAFS SWAY was designed in collaboration with scientists from the Fraunhofer IAO. The motor runs almost silent for optimal comfort.



The Power of a Nap

It's easy to understand why a good night's sleep can be so elusive in our 24/7, "always on" world. Though nothing beats getting your full 7 to 8 hours per night, a 15- to 20-minute power nap is proven to have a whole host of benefits, including increased energy, creativity and productivity for the rest of the day.

Why 20 Minutes? Experts say 20 minutes is optimal for getting the restorative benefits of sleep without adversely affecting your ability to fall asleep at night. Any longer and the body enters the deep sleep stage and waking from that means you will be groggy and less apt to perform at your best. The SWAY's 20-minute run time means you will awake refreshed and ready to take on the rest of your day.

Afternoon naps are the norm in many cultures—no one frowns upon a "siesta" in Spain, while in Japan power naps in the middle of the workday are encouraged. It turns out, nodding off after lunch (or taking a well-timed nap that works with your circadian rhythm) not only improves the brain's ability to learn and perform, it can also make up for a previous night's sleep loss.

Key Benefits of Power Napping

- Increased energy, creativity, alertness, and productivity
- Improved memory and mood
- Reduced fatigue and stress
- Lowers risk of depression and cardiovascular disease

Bring the Power of “Power Naps” into Your Home

KLAFS SWAY is suitable as a resting lounge near the sauna/steam room or wherever you may want to catch a quick nap (some will even choose to use it to sleep through the night). The lounge features a high-quality viscoelastic foam layer for an optimal fit to the body’s contours. The firmly padded layer is covered with waterproof, high-quality synthetic leather, with stitching in contrasting colors. The oscillating movement is provided by an electric drive with specially developed kinematics, lasered precision components and high-grade, long-lasting deep groove ball bearings.



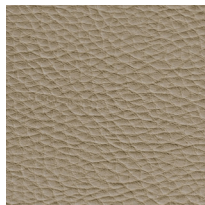
Available Colors



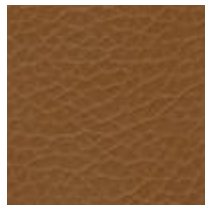
White



Beige



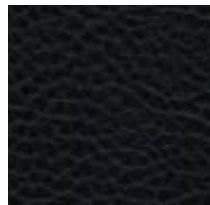
Taupe



Cognac



Chocolate



Black

KLAFS SWAY SPECS

Power

120V, 60 Hz, 150W

Lounger Dimensions

84" x 48" x 20" (LxWxH)

Wall Clearance

Minimum 18" clearance on each side recommended.

Weight

Approximately 375 lbs.

TO LEARN MORE, CONTACT:

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Learn more about KLAFS SWAY and
DFL at www.designforleisure.com

